

**F.No.3-55/BBBP/ICDS/CN/2014-15/1572**  
**अंडमानतथानिकोबारप्रशासन**  
**ANDAMAN AND NICOBAR ADMINISTRATION**  
**उपायुक्तकाकार्यालय**  
**OFFICE OF THE DEPUTY COMMISSIONER**  
**ज़िलानिकोबार/ NICOBAR DISTRICT**

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कारानिकोबार / Car Nicobar dated 19<sup>th</sup> Jan, 2017

**A REPORT ON BETI BACHAO BETI PADHAO PROGRAMME**

The Nicobar group of Islands are an archipelagic island chain in the eastern Indian Ocean, situated approximately in the South- East of the Bay of Bengal between 6 degree -10 degree North latitude and between 92 degree – 94 degree East longitude and one of the most isolated, located 1,300 km southeast of the Indian subcontinent, across the Bay of Bengal, forming the Union Territory of Andaman and Nicobar Islands.

The district is constituted of Car Nicobar (HQ), Nancowry and Campbell Bay Blocks/ Tehsils. The Car Nicobar and Nancowry blocks are categorized as Tribal regions and consist of 01 Tribal Council in Car Nicobar and 05 Tribal Councils in Nancowry group of Islands. Chowra, Teressa, Katchal, Kamorta, and Nancowry form the central group of Nicobar Islands while Pilo Milo, Little Nicobar, Kondul, Great Nicobar can be considered in southern group. The extreme southern point of Great Nicobar is Indira Point previously known as Pygmalion Point. However, Campbell Bay Block consists of 03 Gram Panchayats and 01 Tribal Council. Except these three Gram Panchayats of Campbell Bay, the whole of Nicobar district is tribal region and therefore entry of non-tribal into tribal area is subject to Protection of Aboriginal Tribes Regulation 1956.

The district is at a distance of approx. 300km from Port Blair. Furthermore, due to difficulties in transportation and connectivity within these islands, implementation of centrally sponsored schemes to provide assistance to various beneficiaries residing in far flung islands where commute from one island to another is very difficult. Yet, against all odds, we have been able to achieve all our goals and objectives that we set up for implementation of the Beti Bachao Beti Padhao scheme in the district.

Moreover, there is no concept of gender based discrimination in the district as it enjoys a fair child sex ratio of 945. The birth of a girl child is as much a celebration as a boy child's birth. Daughters are educated at par with their brothers. There is neither dowry nor any concept of female feticide. It is a society girl population is given liberty at par with the boys or even better which is evident from Ms. Deborah Harold, the world No. 4 cyclist from the village Kakana in Car Nicobar, whose parents, tuhet and village didn't see her being a girl as a hindrance but encouraged her at every step to reach the position she is in and are continuing to do so.

Accordingly, in view of the aforementioned situation of the girl child in the District, we have tailored this program to suit the current needs of girls in the district. Focus was given on providing better health and education opportunities to improve their way of life. So as to improve the academic excellence and to bring out a competitive edge amongst the girls of Nicobar, various competitions like essay writing, quizzing, speech competitions along with poster making, slogan writing, craft making competitions are organized all over the district. Displaying of Hindi feature film '*Nil bate Sannata*' was also done at one of the get together events.

Attractive prizes including bicycles were given to them which were appreciated in far flung islands of Chowra as well.



Organization of various academic events like essay, painting and debate competitions.



Prizes such as cycles were distributed to the winners

Furthermore, remedial classes have also been arranged for the girl children of the district, the result of which, the pass percentage of girl students have drastically increased which is evident from the table below:

CLASS	SESSION	ON ROLL	APPEARED	PASSED	PASS%	Dropouts
X	2014-15	115	113	109	96.40%	Nil
	2015-16	98	98	96	97.90%	
XII	2014-15	87	82	43	52.40%	
	2015-16	98	94	84	89.30%	

Table depicting year-wise improvement in percentage of girls passing 10<sup>th</sup>& 12<sup>th</sup> exams

The District Administration has been constantly working towards improvement of living standards of the girl child by introducing health, nutrition and hygiene by way of organizing awareness campaigns on these issues.



Awareness camps with the help of medical doctors were organized in which discussions were held about adolescent girls and women’s health, the problem of malnutrition, prevalence of anemia and the ways to control it, the menstrual and gynecological health, upkeep of hygienic practices etc. These awareness campaigns have efficiently helped to minimize health related issues of the girl children of the district, which is evident from the table below:

Year	Anemia	Viral Hepatitis	Skin Diseases
2012-13	13	4	5
2013-14	6	2	5
2014-15	6	4	2
2015-16	5	1	1

*Table depicting reduction in health issues since implementation of BBBP scheme in the district*



*Information on nutritional diets and causes, prevention & cure of anaemia being given by Doctors.*



*Tips on maintaining healthy habits being given by Dy. Comm. (N).*

Demonstrations were given to properly wash hands, to clean teeth and tongue after each meal, to dispose of sanitary tissues etc. Kits containing hand towel, liquid hand wash, toothpaste, tooth brush, sanitary napkin, date and almonds were distributed.



*Hon'ble Lt. Governor of A & N Islands distributing Health and Nutrition kits to the daughters of Nicobar District.*



*The Dy. Comm. (N) and the BDO Car Nicobar distributing Health and Nutrition kits to the mothers of Nicobar District.*

## **Child protection, awareness about “good touch, bad touch” POCSO and prevention of teenage pregnancy:**

An extensive campaign was done to reach to every girl child and teach her the meaning of good touch and bad touch through a short film called “Komal”. Nicobar Police joined hands with the district team in explaining POCSO and protection of children from physical or mental abuse.

One matter of great concern in the district was and still remains, is the prevalence of teenage pregnancy which requires both tact and strategy. This year our target is to develop a full-fledged strategy to combat this problem that kills the adolescence of girls and pushes them in to an early womanhood.



*Awareness programme on Good touch, Bad touch, POCSO etc.*

## **Beti janmohatsav and post-natal maternal health:**

It was realized that apart from felicitating mothers and newly born girl children with baby bedding and bath kits, it was important to ensure that proper nutrition was being provided to mothers. For this post natal checkup, emphasis on mother's milk and mother's daily nutritional requirements was made. New mothers were also given nutrition kits that included Horlicks, dates, almonds and other dry fruits.

Innovations like placement of ‘Akshay Patra’ at Anganwadi Centers all over the District ensures community participation towards children especially girls by provision of fresh fruits and vegetables right at the Anganwadi's doorstep.



*Distribution of health & nutrition kits to mothers and girl children on Beti Janmahotsav*



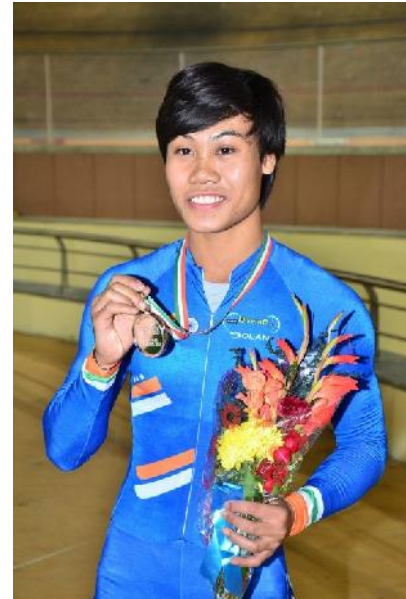
### **Zonal sports competitions:**

Nicobarese people do extremely well in sports. Various competitions including cycle race, 100m, 200m and 400m, sack race, needle race, 3 legged race, shot put, long jump, high jump etc. are organized from time to time to further hone the inherent sports potential among girl children.

At this point, it is pertinent to mention the name of Ms. Deborah Harold, the world No. 4 cyclist from Kakana village in Car Nicobar, who is bringing a good name to the country as well as this UT.



*World renowned cyclist Deborah Harold, from Kakana village, Car Nicobar, UT of A & N Islands.*



*Organisation of Events such as races, cycle race, 100m, 200m and 400m, sack race, needle race, 3 legged race etc.*

### **Nukkad Nataks and Puppet shows:**

A plethora of programmes were done all over the district to bring out the best in girl children. A team called “*Dhoomketu group*” sent by Ministry of broadcasting, Song and Drama Division was sent to organize puppet shows, magic shows and nukkad nataks all over the district despite transportation constraints in reaching the far flung areas of the district. The team was accompanied by our CDPO and performed at Chowra, Teressa, Katchal, Nancowry, Kamorta, Campbell bay.





*Stage performance by 'Dhoomketu' group of Sang & Drama Division, Ministry of Broadcasting*

In addition to the above, a series of events like great women themed fancy dress competition, baby girl shows, distribution of sanitary napkins, cultural evenings, showcasing of women oriented movies like “Chak de” etc. took place, which were well appreciated by the people of Nicobar and especially among women of Nicobar. The district was dotted with Cycle rally, candle marches and media rallies which were great festivals witnessed by the islanders.



*Cycle rallies and Prabhat rallies by school going girls of the District*

The good practices being followed in the other parts of the country are also taken into account and accordingly applied in the district. One such practice is the installation of ‘Guddi-Gudda’ boards at District Administration offices as well as at Anganwadi Canters in each of the villages to monitor the cumulative births of children and monthly statistics.

*A competition titled ‘Selfie with daughter’ was also organized in the district with participation from both tribal and non-tribal residents to inculcate love, bonding and family values.*

*Boards depicting status of birth of girl child in the district based on the good practices being followed by other states of the country.*

BETI BACHAO BETI PADHAO

GUDDI - GUDDA

DISTRICT: NICOBAR  
Car Nicobar

Village : \_\_\_\_\_  
Month / Year : 2016

Number of Children Born	Cumulative from Jan - Up till Previous Month	Current Month
Guddi (Girl)	112	16
Gudda (Boy)	131	17

DISTRICT ADMINISTRATION  
CAR NICOBAR  
IN COORDINATION WITH ICDS, CAR NICOBAR



### **Skill development by provision of training through other departments**

Other departments like agriculture, animal husbandry and industries are poised to organize a fortnight long training for 50 girls in each of the three sub-divisional blocks, to enhance their capability and impart skills to make them employable or help them form self-help groups to start small enterprises. Special campaigns were also organized to acquaint the people with various schemes of the Govt. of India such as *Dulari, National Rural Livelihood Mission* etc.

In addition to the above, a 10 day self-defense camp was organized by the Police Department to train the girls in self-preservation techniques.



*Girls of the district being trained on self-defense in coordination with the Police Department*

In the light of the recent demonetization and focus on cashless economy and as part of the BBBP programme, the female teachers of various Govt. schools in the district were also imparted training to further disseminate the information so obtained to the students and especially girl children of classes 11<sup>th</sup> and 12<sup>th</sup> on usage of Debit/ Credit cards, POS machines and online shopping and banking applications to promote their ability to carry out works which were earlier considered to be men only jobs such as online shopping, banking, purchase of groceries with ATMs/ Debit Cards/ Credit Cards etc.



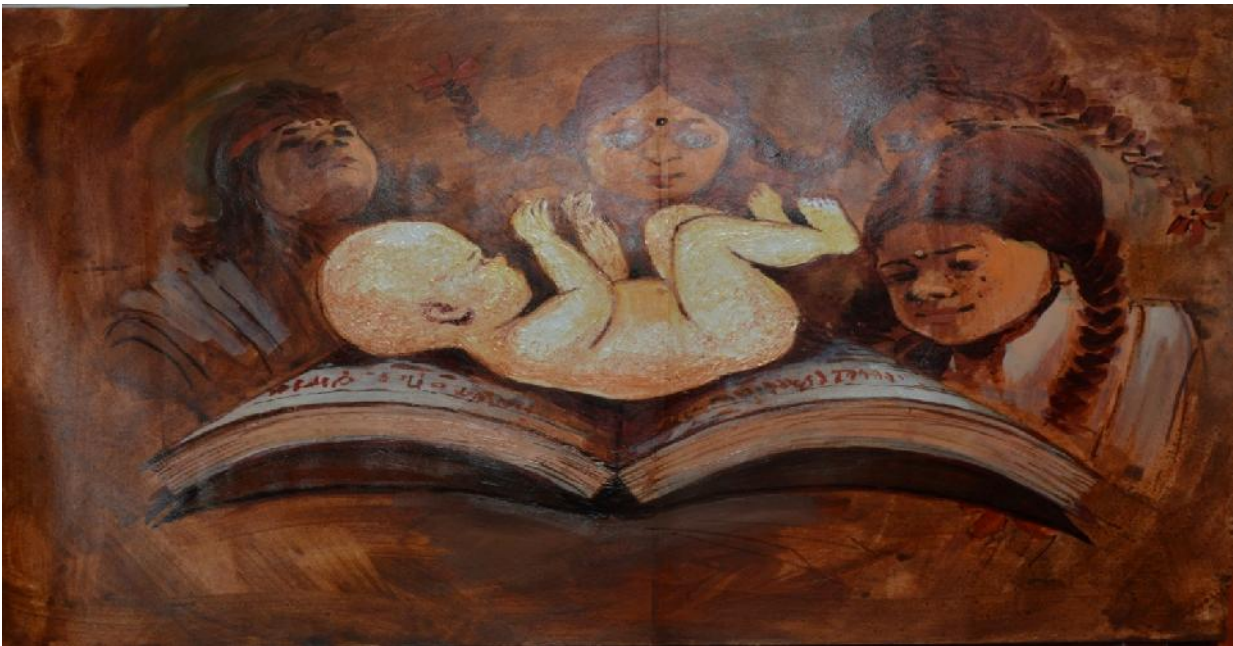
*School teachers being provided training on cashless mechanism to further train their respective girl students*

The District Administration also developed Information Education and Communication (IEC) materials such as Posters, banners etc. which have been installed at various vantage locations all over the district. These posters were developed in confluence of the various line departments such as the Education Department, the Department of Arts and Culture etc.

With the theme of promoting educational excellence among the girl children, the district administration came up with the following poster which is efficiently endorsing



the cause of “Save Girl, Educate Girl” throughout the Nicobar District under the said Beti Bachao Beti Padhao programme.



*Poster on ‘Save girl & educate girl’*

Additionally, in celebration of these Nicobarese traditions to support their girl children at par or even better than their male counterparts, in order to build a society wherethis half of the population, is given the full sky to spread their wings and fly high and limitless and in order to inculcate the qualities and the will to live a better life by way of improving academic excellence and healthy and nutritional life styles, the district administration has come up with customized banners and posters which have been installed at various community halls, Anganwadi centers and other vantage locations throughout the district. These posters not only appeal aesthetically but also bring out a positive zeal among the girl children of this district. One such poster is displayed as under:



*Poster on ‘the flight of the girl’*



In relation to the series of events conducted by District Administration, there was a significant achievement of the academic results as mentioned in the vital statistics. There is a decrease in various diseases among the women's of the Car Nicobar which is positive sign of the BBBP Initiative. There is a continuous decline in IMR and MMR and the issue of Teenage Pregnancy is also under Control.

These efforts of the district administration have also been highly appreciated by the Tribal Council Car Nicobar, which is evident from their letter of recommendation below:

Felicitations of Academic excellence, skill development, capacity building and overall holistic development of the Girl Children to help them become better humans, better citizens and the pride and glory of Our Great Nation.



OFFICE OF THE CHAIRMAN  
**TRIBAL COUNCIL**

BIG LAPATHI

CAR NICOBAR - 744 301

TC/CN/2016-17/  
Dated: 01-09-16

ANDAMAN & NICOBAR ISLANDS, INDIA

Phone: 91-2193-

Signature (M) & D.O.  
J. B. S. I.R.D. No.  
Date & Time: 01/09/16

To

The Deputy Commissioner  
Nicobar District  
Car Nicobar

Madam,

Beti Bachao Beti Padhao has been a highly successful programme in Car Nicobar through series of activities under the Beti Bachao Beti Padhao scheme headed by Deputy Commissioner, Car Nicobar. Awareness was created among the Tribals of Car Nicobar regarding general issues, girl child education and their health and hygiene. Activities like sports competitions and other competitions were held in which prizes like bicycles and other good prizes were awarded to the participants. Nicobariyas have pledged that they will not only continue to ensure gender equality as being done but also promote female education and good health. Sanitary napkins, nursing mother health kits and baby kits were distributed to the villagers. Also promoted the cause of women health in a great deal. We are very grateful to the Govt. of India and the Andaman & Nicobar Administration for implementing this scheme and we are looking forward to continue supporting it. We promise that we will take our better half of the population to new heights.

Yours faithfully

*[Signature]*  
Aberdeen Blair  
Chairman Tribal Council  
Car Nicobar

*[Signature]*  
Chairperson  
Beti Bachao Beti Padhao scheme  
Nicobar District